



## **FAMILY RESOURCE NETWORK OF OHIO**

*Families Supporting Families*

### Suggested Content for Social Media

In this document you will find prewritten content that can be used to introduce the Family Resource Network of Ohio to your Facebook and Twitter followers. In the media kit you downloaded from our website, you'll see a folder called "photos." When posting the content below, please choose one of those images to include with your post.

#### **POSTS FOR TWITTER**

**Introduce FRNO to your followers:**

The new FRNO resource database brings together over 250 #IDD resources in an easy-to-use website. Try it out! <https://www.frnohio.org/resources/>

**Introduce LifeCourse to your followers:**

Have you heard of LifeCourse Training? It's a one-of-a-kind resource for #IDD individuals and families. Learn more: <https://www.frnohio.org/about-lifecourse/>

**Encourage your followers to use the family forum feature:**

Have a question for other #IDD families? An experience to share? Join the conversation on the new FRNO Family Forum: <https://www.frnohio.org/forums/>

#### **POSTS FOR FACEBOOK**

**Introduce FRNO to your followers:**

The new Family Resource Network of Ohio resource database brings together over 250 IDD resources. The easy-to-use website will help you discover new resources for families and individuals of any age. Try it out! <https://www.frnohio.org/resources/>

**Introduce LifeCourse to your followers:**

Have you heard of LifeCourse? It's a one-of-a-kind resource for individuals and families of all abilities and ages. Using LifeCourse's framework, resources and tools, you can help your family live the life you want. Learn more about LifeCourse at the new Family Resource Network of Ohio website: <https://www.frnohio.org/about-lifecourse/>

**Encourage your followers to use the family forum feature:**

The new Family Forum from Family Resource Network of Ohio is a terrific, supportive community for IDD families. Share experiences, ask questions, discover new resources and help families support families! Join the conversation: <https://www.frnohio.org/forums/>